

Multiple sclerosis (MS)

Raising Awareness Of MS Caregiver Needs

Multiple Sclerosis, or MS, is a chronic, debilitating disease of the central nervous system that can significantly impact the lives of people living with the condition, as well as families and loved ones.^{1,2} Due to the unpredictable nature of the disease, MS caregivers (also called "support partners" or "care partners") can face many challenges while navigating the often-changing care needs for their loved one.³

To help improve caregiver support, the STEP ProgramTM provided a total of USD 150 000 to two organizations for their proposals that demonstrate innovation in emotional support, physical care, and everyday assistance needs.

Funded programs include:

<u>Accelerated Cure Project's iConquerMS Caregiver Connection</u> - Provides emotional support, everyday assistance, and other community-building resources to MS caregivers through easy access to dedicated MS caregiver resources, a peer-to-peer discussion forum, and social media platforms.

<u>Can Do MS's Communication Guide for Support Partners and People Living with MS</u> -Includes multimedia and individualized toolkits that will provide resources and tips to help manage challenges of MS caregiving.

References

- 1. Multiple sclerosis FAQs. National Multiple Sclerosis Society. https://www.nationalmssociety.org/What-is-MS/MS-FAQ-s. Published 2019. Accessed November 26, 2019.
- 2. McKeown L, Porter-Armstrong A, Baxter G. Caregivers of people with multiple sclerosis: experiences of support. Multiple Sclerosis Journal. 2004;10(2):219-230. doi:10.1191/1352458504ms1008oa. Published September 1, 2004. Accessed August 11, 2021.
- 3. The National Alliance for Caregiving, National MS Society. Multiple sclerosis caregivers. https://www.nationalmssociety.org/NationalMSSociety/media/MSNationalFiles/Brochures/Brochure-A-Guide-for-Caregivers.pdf Accessed November 26, 2019.

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